

The logo is a circular emblem with a dark blue background and a gold border. At the top, the word "AFRITUTOR" is written in a gold, serif, uppercase font. In the center, there is a gold-colored graphic featuring a map of the African continent. A torch with a flame is positioned over the map, and an open book is visible at the base of the torch. The entire central graphic is flanked by two gold laurel branches. At the bottom, the words "COMPETENCY" and "SERIES" are written in a gold, serif, uppercase font, separated by a thin horizontal line.

1

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1

Name the man associated with Guru Nanak Ji in the story learnt in class. (1 mark)

b) State one benefit of practising honesty in society. (1 mark)

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6. At the Vihara, Buddhists participated in meditation and recited mantras peacefully.

a) Name one type of Buddhist meditation learnt in class. (1 mark)

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b) State one importance of meditation. (1 mark)

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2

7. During Vesak celebrations, Buddhists gathered at the temple for prayers and acts of kindness.

a) Name one other religious festival celebrated in the four faiths. (1 mark)

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b) State one importance of religious festivals. (1 mark)

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8. Meena spends her weekends helping needy children without expecting payment.

a) Which concept of Yog is shown above? (1 mark)

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b) State one importance of Karma Yog. (1 mark)

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9. A group of learners gathered in the temple hall to sing devotional songs together.

a) Name the communal form of Bhakti Yog shown above. (1 mark)

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b) State one importance of devotional activities. (1 mark)

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10. Baby Aarav's family invited relatives and friends for a naming ceremony at the temple.

a) What is the Hindu naming ceremony called? \_\_\_\_\_ (1 mark)

b) State one importance of religious ceremonies in society. (1 mark)

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**SECTION B: (30 MARKS)**

Answer ALL Questions

11. Read the passage below carefully.

During a school trip, learners visited a Sikh temple where they learnt about Guru Har Rai Ji. The guide explained how Guru Har Rai Ji helped Dara Shikoh when he was sick and encouraged people to care for others with kindness and humility.

3

a) Identify the person helped by Guru Har Rai Ji. (1 mark)

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b) State two values taught by Guru Har Rai Ji. (2 marks)

- i. 

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- ii. 

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c) Explain three ways learners can practise kindness in school. (3 marks)

- i. 

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- ii. 

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- iii. 

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12. A youth group in Nairobi organised an interfaith meeting to discuss peace and harmony in society. Learners shared teachings from different Scriptures.

a) Name two Scriptural texts that promote peace and harmony. (2 marks)

- i. 

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- ii. 

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b) State two values taught in the Scriptures. (2 marks)

- i. 

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- ii. 

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c) Explain two ways Scriptures help to restore peace in society. (2 marks)

- i. 

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- ii. 

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13. Read the scenario below.

A road accident occurred near the market. Some people rushed to help the injured victims while others ignored them.

a) Which Principle of Dharma encourages helping accident victims? (1 mark)

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b) State two ways learners can help people in need. (2 marks)

i. \_\_\_\_\_

ii. \_\_\_\_\_

c) Explain three benefits of practising compassion in society. (3 marks)

i. \_\_\_\_\_

ii. \_\_\_\_\_

iii. \_\_\_\_\_

14. During Durga Pooja celebrations, learners observed prayers, singing, and sharing food with the community.

a) Name two religious festivals learnt in class. (2 marks)

i. \_\_\_\_\_

ii. \_\_\_\_\_

b) State two activities carried out during religious festivals. (2 marks)

i. \_\_\_\_\_

ii. \_\_\_\_\_

c) Explain two benefits of participating in religious festivals. (2 marks)

i. \_\_\_\_\_

ii. \_\_\_\_\_

3. Read the passage below.

During a satsang gathering, devotees sang bhajans, meditated together, and shared teachings on devotion and service to humanity.

a) Identify the type of Yog described above. (1 mark)

\_\_\_\_\_

b) State two elements of Bhakti Yog. (2 marks)

i. \_\_\_\_\_

ii. \_\_\_\_\_

c) Explain three reasons why religious ceremonies are important in society. (3 marks)

i. \_\_\_\_\_

ii. \_\_\_\_\_

iii. \_\_\_\_\_

**Learner's sign:** \_\_\_\_\_.

**Guardian's sign:** \_\_\_\_\_.

**Date completed:** \_\_\_\_\_.

# HINDU RELIGIOUS EDUCATION

## SECTION A: (20 MARKS)

### 1. Enlightened Beings

- a) Lord Buddha was researching the cause of suffering (dukkha).
- b) Learners should help others / live peacefully / show compassion.

### 2. Compassion and Animals

- a) Compassion / kindness to animals.
- b) Feeding animals / protecting animals / avoiding cruelty to animals.

### 3. Sikh Gurus

- a) Chhajumal.
- b) Kindness / service to humanity / compassion.

### 4. Scriptures

- a) Any one:
  - Yajur Ved – Shanti Mantra
  - Uttradhyan Sutra
  - Suttanipata
  - Sukhmani Sahib
- b) Scriptures promote peace / teach good morals / guide people spiritually.

### 5. Principles of Dharma

- a) Non-stealing (Astey) / honesty.
- b) Promotes trust / peaceful coexistence / unity in society.

### 6. Buddhist Practices

- a) Samanatha meditation / Vipassana meditation / Metta meditation.
- b) Meditation brings peace of mind / improves concentration / reduces stress.

### 7. Religious Festivals

- a) Any one:
  - Durga Pooja
  - Ayambil
  - GurPurab

b) Festivals promote unity / strengthen faith / preserve culture.

### 8. Concepts of Yog

a) Karma Yog (action/service).

b) Encourages helping others / promotes selflessness / develops responsibility.

### 9. Bhakti Yog

a) Satsang / Sangha / Sangat.

b) Strengthens faith / promotes unity / encourages devotion.

### 10. Religious Ceremonies

a) Naamkaran.

b) Preserves culture / promotes unity / strengthens religious identity.

## SECTION B: (30 MARKS)

### 11. Enlightened Beings

a) Dara Shikoh.

b) Values taught by Guru Har Rai Ji:

i. Kindness

ii. Humility / compassion / caring for others

c) Ways learners can practise kindness in school:

i. Helping sick learners

ii. Sharing learning materials

iii. Respecting teachers and classmates

### 12. Scriptures and Peace

a) Scriptural texts:

i. Yajur Ved – Shanti Mantra

ii. Sukhmani Sahib / Uttradhyan Sutra / Suttanipata

b) Values taught in Scriptures:

i. Peace

ii. Respect / love / honesty / compassion

c) Ways Scriptures restore peace:

i. They teach forgiveness and harmony

ii. They guide people to avoid violence and conflict

### 13. Principles of Dharma

- a) Compassion (Pranidaya) / Daya.
- b) Ways learners can help people in need:
  - i. Donating food or clothes
  - ii. Visiting the sick / helping accident victims
- c) Benefits of practising compassion:
  - i. Promotes peace in society
  - ii. Strengthens unity among people
  - iii. Encourages love and care for others

### 14. Religious Practices and Festivals

- a) Religious festivals:
  - i. Vesak
  - ii. Durga Pooja / Ayambil / GurPurab
- b) Activities carried out during festivals:
  - i. Singing devotional songs
  - ii. Offering prayers / sharing food / meditation
- c) Benefits of participating in festivals:
  - i. Strengthens faith
  - ii. Promotes unity and cooperation

### 15. Yog and Religious Ceremonies

- a) Bhakti Yog.
- b) Elements of Bhakti Yog:
  - i. Meditation
  - ii. Chanting / recitation / mala / satsang / sangha
- c) Importance of religious ceremonies:
  - i. Preserve culture and traditions
  - ii. Promote social cohesion
  - iii. Strengthen spiritual growth and faith